

Life After Supportive Housing (LASH) Readiness Self-Assessment Tool and Action Plan

Tech Id: 2026-159

Innovation Summary:

Despite growing demand for pathways out of Permanent Supportive Housing (PSH), organizations lack standardized, evidence-based methods to assess when residents are ready to transition to independent living. Current approaches are often inconsistent, overly provider-driven, and insufficiently centered on tenant voice, creating inefficiencies, potential bias, and missed opportunities for successful exits.

The Life after Supportive Housing (LASH) Readiness Self-Assessment Tool addresses this gap with a simple, tenant-centered, and research-driven solution. Developed from a comprehensive review of existing tools, quantitative outcome data, and tenant insights, LASH enables residents to self-assess readiness across key domains while linking results to a structured, collaborative action plan. This transforms readiness evaluation into a consistent, scalable, and empowering process that supports sustainable transitions

Applications:

- Ongoing readiness tracking: Conduct quarterly or semi-annual self-assessments to monitor tenant progress
- Service planning: Translate assessment results into actionable, personalized transition plans
- Program optimization: Complement in-depth tools to support fair and transparent allocation of move-on resources
- Tenant engagement: Foster collaboration and shared decision-making between residents and providers

Advantages:

- Evidence-based approach grounded in multi-source research and real-world outcomes
- Simple and scalable design with a user-friendly scoring system for rapid adoption
- Tenant-centered framework emphasizing self-determination, strengths, and personalization
- Action-oriented insights that directly connect assessment results to concrete next steps
- Improved equity and transparency through standardized, consistent evaluation processes

Publication:

Tiderington, E. (2026, February 12). Developing the Life After Supportive Housing (LASH) Readiness Self-Assessment Tool to promote successful exits from permanent supportive

Category

All Works

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View online



housing. Final Report. Washington (DC): National Alliance to End Homelessness.

<https://endhomelessness.org/wp-content/uploads/2026/02/Successful-PSH-Exits-1.pdf>

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